

Sunrise Children's Association Inc.

"Bringing a brighter future to the children of Nepal"



Newsletter Oct-Dec 2023

Host Community Support Program (Kalika Education Scholarship and Host Community Support)

Dear Kinderfonds,

We are excited to share the **December quarter newsletter**, with the news and progress of **16 children** in the "Host Community Support Program" in Kalika School, Shivapuri RM, Nuwakot District.



Key highlights of this quarter

- 32 Home monitoring visits
- 3 School monitoring visits
- Distribution of education materials
- Child Progress;
 - First-term exam results
 - Participation in extracurricular activities
- Psychosocial support
 - Peer Counselling and Sharing Meetings
 - Psychosocial Counselling to adolescence
 - Psychosocial Counselling to parents

- 'Winter Warmth and Smiles' Xmas Sweater Initiative
- Staff/Organization news
 - Social Audit

Home visits

We organized **32 home visits** to meet children, their guardians, and where possible, also neighbours, to monitor the living conditions and overall well-being of the children, including physical and psychosocial aspects of their lives. Where the home visit was not possible, we contacted them via **16 phone calls**



Above: Ramina's home visit



Above: Jenisha's home visit

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Above: Supriya's home visit



Above: Sarita's home visit



Above: Laxmi's home visit



Above: Bimali's home visit



Above: Yonika's home visit



Above: Shree Krishna's home visit

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Above: Niraj with Sunrise counsellor and stepmother during home visit



Above: Bimala's home visit



Above: Shree Krishna with mother and Sunrise Counsellor



Above: Shyam Raj with mother

School visits

We also organized **3 school visits**, where we met sponsored children, class teachers and school principals to check on their overall educational performance, school attendance and participation in extracurricular activities.



Above and below: Kalika School visits

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Above: Nirmala during School visit



Above: Ashmita Tamang during School visit



Above: Sarita during the School visit



Above: Puspa during School visit



Above: Niraj during School visit

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Above: Girls during School visit

Distribution of educational materials

We distributed **school materials** to sponsor children this quarter, including sweaters, notebooks, pencils, and pens to all 16 students.



Above and below: Material distribution



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Above: School materials distribution



Above: Ashmita, Class 9, 1st div

Child Progress

1st Terminal Exam Results

1st term exam results were published this quarter for Nursery to class 9.

16 students sat exams; 11 students passed and 5 failed. The summary of results is below:

- 4 in 1st Division
- 1 in 2nd Division
- 6 in 3rd Division



Above: Puspa, Class 8, 1st div



Above: Laxmi, Class 10, 1st div (77%)



Above: Sarita, Class 4, 1st div

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Participation in extracurricular activities

Laxmi Tamang participated in the Rural Municipality level quiz competition held on 22nd December 2023.



Above: Laxmi with letter of participation

Psychosocial support

Psychosocial Counselling to Adolescence

We also extended psychosocial counseling and emotional support to our sponsor students to help them overcome any issues they may be facing.

Our psychosocial counsellor visited their homes, interacted with children to identify the root causes of the issues and facilitated them to overcome the issues with their inherent strengths where possible.

Our team provided **specific one on one counselling to 5 children** this quarter, **family planning counselling** to one of our recently married students, and **counselling for academic improvement** for four of our children who got poor marks in 1st term exam this quarter.



Above and below: Counseling sessions with Laxmi



Above: Counseling session with Sarita



Above: Counseling session with Sarita



Above: Counseling session with Bimali



Above: Counseling session with Yonika



Above: Counseling session with Bimali

Psychosocial Counselling to Parents

We also provided necessary counselling and guidance to families to ensure a child-friendly and peaceful environment for our sponsor children in their homes.

This quarter, we provided specific psychosocial counselling to 3 of our parents (mothers with alcohol issues) from our psychosocial expert.



Above and below: Counselling Supriya's mother

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Above: Counselling Sarita's mother

Peer Counselling and Sharing Meeting

We also organized a 'Peer Counselling and Sharing Meeting' this quarter and facilitated our previously formed peer group to support each other.

All 16 youth have 1 peer each from within the group, who they specifically aim to provide support and counseling to under the guidance and support of our psychosocial expert.



Above and below: Peer group meetings



Winter Warmth and Smiles' Xmas Sweater Initiative

We distributed warm clothes to our 16 sponsored children and their siblings on the occasion of Christmas 2023 - 24 soft warm fleece jackets to 18 girls and 6 boys in total. These were funded by external donors.

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Above and below: Sponsor children with their Xmas fleeces/jackets



Staff/Organization News

Social Audit

We organized the annual social audit this quarter for the Sunrise Home, Reintegration and Host Community project in the presence of stakeholders, beneficiaries and parents. Income and expenditure details and progress made during the fiscal year under the project were shared and discussed.



Case Study
Sarita Tamang



Sarita is a 12-year-old girl, studying in grade 4 in Kalikadevi Secondary School.

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Before the implementation of this program in July 2023, she was studying in Kathmandu and living with her maternal uncle's family. She had been separated from her parents, as they were both facing challenges with alcoholism.

Later, we carried out a series of home visits and conducted a series of individual counselling sessions for both Sarita and her mother, and now her mother has reduced the consumption of alcohol. Sarita has returned to her home and started attending Kalika Secondary School. She now goes to school regularly and supports her parents in domestic work.

Thank you very much for your kind support, and for enabling the students of the **Host Community Support Program** (Kalika School Education Scholarship Program) to continue their studies and help create brighter futures for themselves.

Emma (CEO) and the SCAI Nepal team
SCAI Australia/Nepal